

Prevalence of Adverse
Reactions to Carboplatin at
Northwestern Medicine

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ISAAI Spring Conference

April 14<sup>th</sup>, 2024



#### **Disclosures**

Nothing to disclose



#### **Learning Objectives**

- Review what is already known about hypersensitivity reactions that take place during infusions of carboplatin
- Describe aims, approach and results of fellowship research project



#### Background

Ovarian cancer is the **fifth most common** cause of cancer death in women – responsible for more deaths than any other gynecologic malignancy

First-line medical treatment includes platin-based chemotherapy agents, specifically **carboplatin** 

Patients can develop **acute reactions** during their infusions – reactions can be **variable** and can range from mild (*e.g.*, pruritus) to **life threatening** (*e.g.*, anaphylaxis).



## Clinical features of hypersensitivity reactions to carboplatin

M Markman <sup>1</sup>, A Kennedy, K Webster, P Elson, G Peterson, B Kulp, J Belinson

- 205 patients treated with carboplatin → 24 (12%) developed an acute hypersensitivity reaction
- 13 patients (54%) had a severe reaction including diffuse erythroderma, tachycardia, wheezing, dyspnea, emesis, hypertension and/or hypotension
- No characteristics were identified that could predict which patients would develop a severe reaction versus more moderate symptoms
- No information was provided regarding follow-up oncologic treatment plans for patients with HSR



#### **Evaluation of the incidence of carboplatin hypersensitivity reactions in cancer patients**

Marisa Navo <sup>1</sup>, Anuradha Kunthur, Martina L Badell, Larry W Coffer 2nd, Maurie Markman, Jubilee Brown, Judith A Smith

- Retrospective chart review of 1,324 patients receiving carboplatin over ~1 year
- 277 (21.0%) were ovarian cancer patients and 1,047 (79.0%) were patients with other malignancies (lung, other gynecologic-related cancers, head and neck)
- Incidence of carboplatin HSR was higher for ovarian cancer patients than patients with other malignancies (7.9% vs 2.6%)
- Primary risk factor for developing an HSR: prior carboplatin exposure
- No assessment of severity of reaction nor subsequent oncologic treatment plans



Hypersensitivity reactions to chemotherapy: Outcomes and safety of rapid desensitization in 413 cases

Mariana C. Castells MD, PhD <sup>a</sup> \* △ ☒, Nichole M. Tennant BA <sup>a</sup> \*, David E. Sloane MD <sup>a</sup> \*, F. Ida Hsu MD <sup>a</sup> \*, Nora A. Barrett MD <sup>a</sup>, David I. Hong MD <sup>a</sup>, Tanya M. Laidlaw MD <sup>a</sup>, Henry J. Legere MD <sup>a</sup>, Samridhi N. Nallamshetty MD <sup>a</sup>, Ross I. Palis MD <sup>a</sup>, Jayanti J. Rao MD <sup>a</sup>, Suzanne T. Berlin DO <sup>b</sup>, Susana M. Campos MD <sup>b</sup>, Ursula A. Matulonis MD <sup>b</sup>

- Carried out 413 drug desensitizations in 98 unique patients via 12-step rapid drug desensitization protocol
- 55 patients had initial reactions to carboplatin
- 40 (73%) experienced an HSR during the 7<sup>th</sup>-10<sup>th</sup> exposure



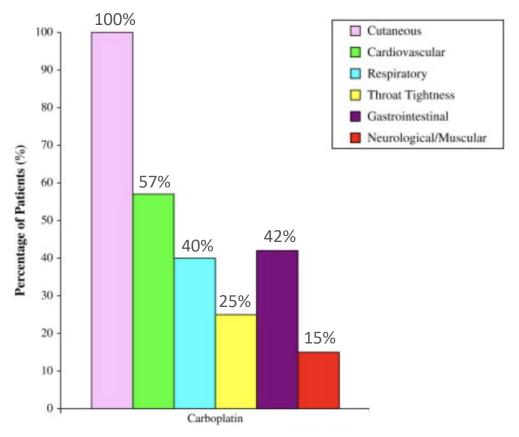


Fig 1. Frequency of symptoms and signs during initial HSRs.



#### Study Aims



Define the prevalence of carboplatin-induced anaphylaxis within our institution



Extensively characterize the acute clinical reactions that occur during infusions of carboplatin



Assess how the development of acute infusion reactions to carboplatin impacted the subsequent oncologic treatment



Patients with a documented allergy to carboplatin in their medical record

Patients who received carboplatin at NM (2012-2022)
N=7,538

Patients labeled allergic to carboplatin to carboplatin N=99

N=7,439

Prevalence = 1.3%

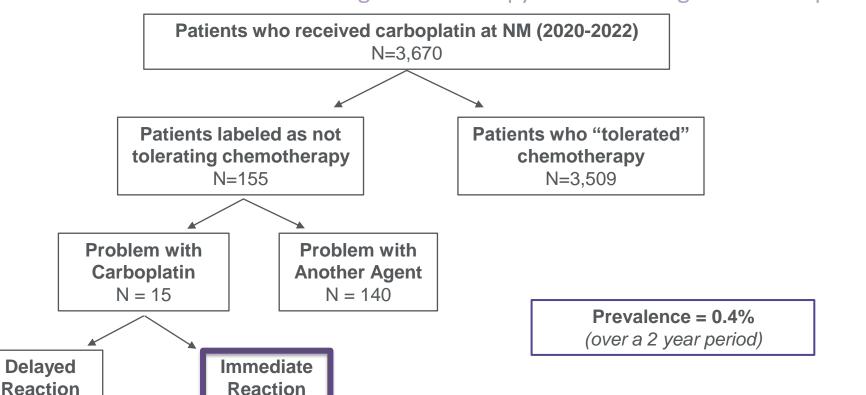
(over 10-year period)



N = 14

N = 1

Patients listed as "not tolerating" chemotherapy in their oncologic treatment plan



#### Medications Included in our EDW Query

- Epinephrine
- Diphenhydramine
- Famotidine
- Methylprednisonolone
- Hydrocortisone
- Baclofen
- Albuterol
- Meperidine
- Prochlorperazine
- Acetaminophen



Patients who received emergency medication on the day they received carboplatin

Patients who received carboplatin at NM (3/01/2018 - 5/31/2023) N=4,955

Received ANY emergency meds

N=832

Did NOT receive emergency meds

N=4,123

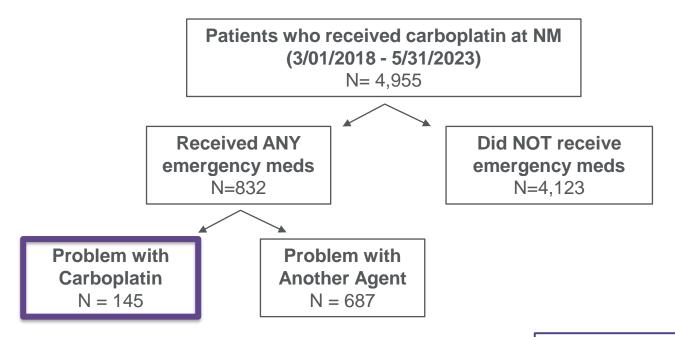
Received Epinephrine N=47

Received
Diphenhydramine
Twice
N=354

Received Methylprednisolone N=233 Received Hydrocortisone N=391 Received Albuterol N=123



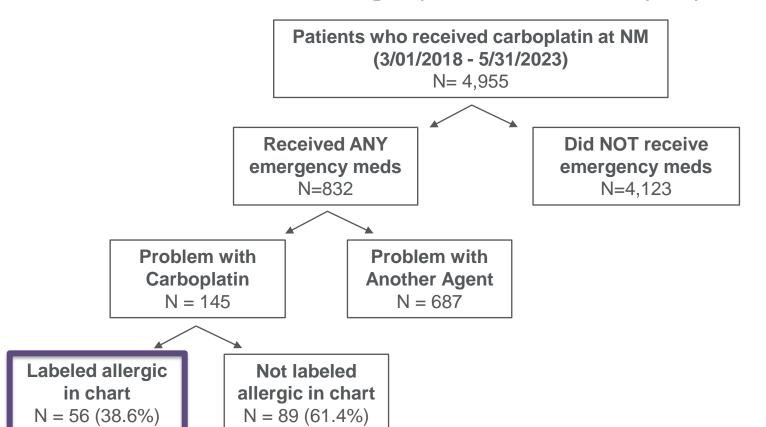
Patients who received emergency medication on the day they received carboplatin



**Prevalence = 2.9%** (over a ~ 5-year period)



Patients who received emergency medication on the day they received carboplatin



#### Study Aims



Define the prevalence of carboplatin-induced anaphylaxis within our institution – **2.9**%



Extensively characterize the acute clinical reactions that occur during infusions of carboplatin

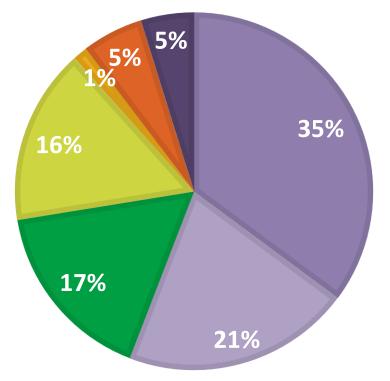


Assess how the development of acute infusion reactions to carboplatin impacted the subsequent oncologic treatment



#### Cancer diagnosis of patients receiving carboplatin

■ Ovarian ■ Breast ■ Lung ■ Endometrial ■ Cervical ■ Other Gyn ■ Other Non-Gyn



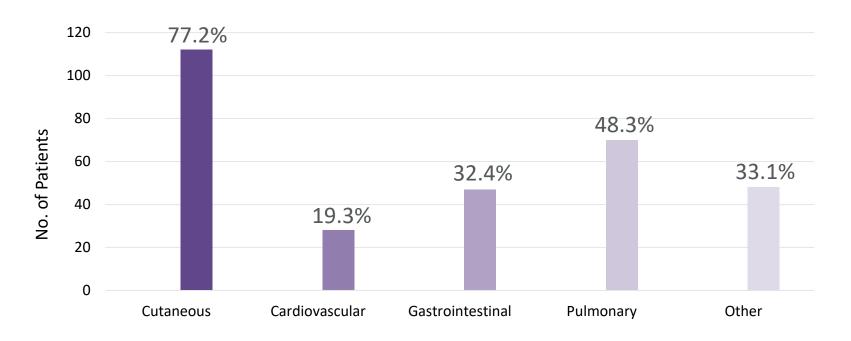


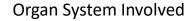
### Demographics

Variable	n= 145	
Age at Reaction (Years)	56.5 (29-84)	
Gender		
Female	130 (89.7%)	
Male	15 (10.3%)	
Race		
White	106 (73.1%)	
Black or African American	13 (8.97%)	
Asian	8 (5.5%)	
Native Hawaiian	1 (0.7%)	
None of the Above	11 (7.59%)	
Patient Declined to Respond	6 (4.14%	
Ethnicity		
Hispanic or Latino/a	21 (14.5%)	
Not Hispanic or Latino/a	118 (81.4%)	
Patient Declined to Respond	6 (4.14%)	



#### Symptoms of Acute Reactions by Organ System





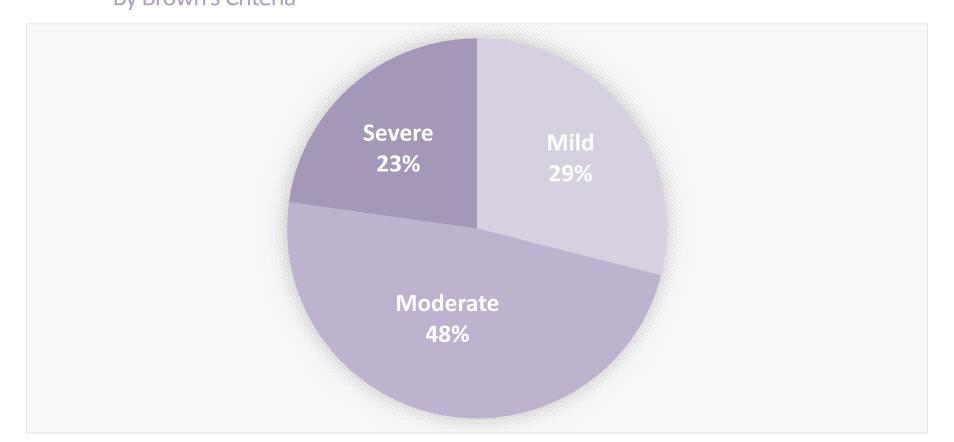


#### Classification of Reaction Severity – Brown's Criteria

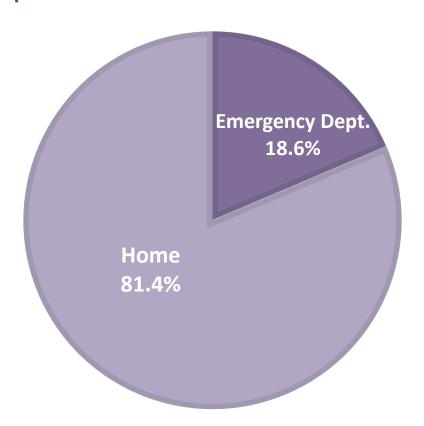
Grade	Severity	Description
1	Mild	Symptoms are limited to the skin (eg, flushing) or involve a single organ/system and are mild (eg, mild back pain).
2	Moderate	Symptoms involve at least 2 organs/systems (eg, flushing and dyspnea), but there is no significant decrease in blood pressure or oxygen saturation.
3	Severe	Symptoms typically involve at least 2 organs/systems, and there is a significant decrease in blood pressure (systolic ≤90 mm Hg and/or syncope) and/or oxygen saturation (≤92%).



# Severity of Acute Infusion Reactions to Carboplatin By Brown's Criteria



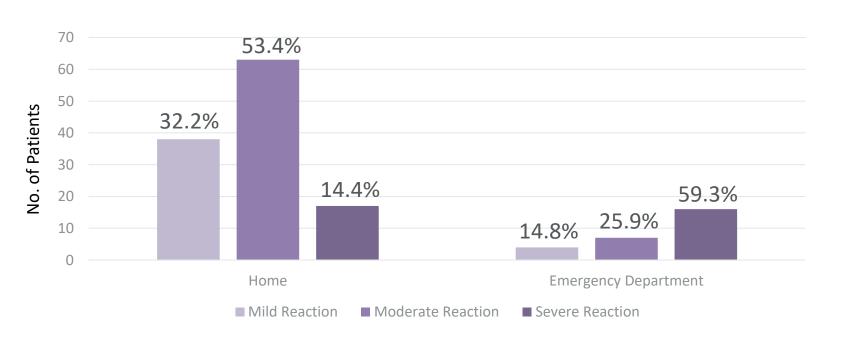
#### Patient deposition after acute reaction





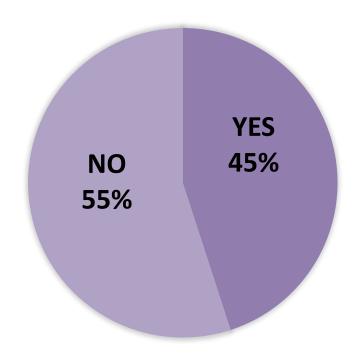
#### Severity of acute infusion reaction to carboplatin

By patient disposition after the acute reaction



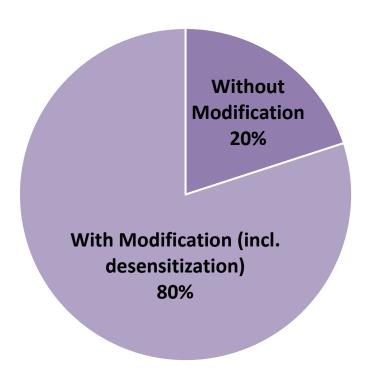


#### Continuation of carboplatin following the initial HSR



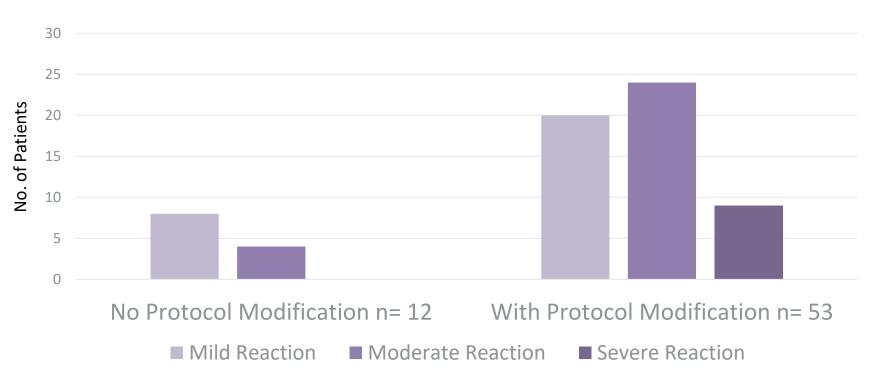


#### Infusion protocol modifications





#### Of those that received Carboplatin again...





#### Summary

- The prevalence of hypersensitivity reactions during carboplatin infusions at Northwestern appears to be ~3%
  - The majority of these patients were being treated for ovarian cancer (35%)
  - Most of the acute reactions had cutaneous and/or respiratory manifestations
  - Nearly half of the reactions were moderate in severity but 23% were severe
  - Less than half (45%) of patients with an acute infusion reaction received carboplatin again as part of the treatment regimen
  - The majority of patients (80%) who were restarted on carboplatin had a modification of some kind to their infusion protocol (additional pre-meds, slower rate of infusion, rapid drug desensitization)



#### Conclusions

- Prevalence of anaphylaxis to carboplatin is ~3% among all patients receiving carboplatin at Northwestern Medicine
- Not all patients who experience carboplatin anaphylaxis are appropriately labeled in the allergy section of their medical record



#### Ongoing (and Future) Directions

- Continue to characterize acute reactions to carboplatin and evaluate for any differences among the different malignancies
- Evaluate outcomes of patients with carboplatin hypersensitivity reactions in terms of future oncologic management
- Expand analysis to compare with acute infusion reactions to Taxol-based agents to assess for differences in the drugs



#### Acknowledgments

- Neelima Katam (Northwestern EDW)
- Anju Peters, MD (Division of Allergy and Immunology)
- Whitney Stevens, MD PhD (Division of Allergy and Immunology)



### Thank You

